



Behavioral Health Consultants, LLC
Member Assistance Program

888-373-5073

Another member benefit provided by
the Connecticut Carpenters
Health Fund.

www.bhcservices.com



If it concerns you, it concerns us . . .

- Stress/Anxiety
- Marital Problems
- Family Problems
- Parenting
- Divorce
- Job Conflicts and Tensions
- Relationships
- Gambling Problems
- Family Illness
- Caring for Your Parents
- Financial Worries
- School Problems
- Depression
- Eating Disorders
- Substance Use or Abuse
- Legal Stresses
- or any other personal problem*

**Find out how much
a little talk can help.**



Behavioral Health Consultants
Member Assistance Program

Toll Free: 888-373-5073

Confidential, Convenient and Caring

**BEHAVIORAL
HEALTH CONSULTANTS, LLC**



**You may be
surprised how
much a little talk
can help.**

Your MAP . . .

*Confidential
Convenient
Caring*

Your Member Assistance Program. Always there when you need it.

What affects the way you do your job? Just about anything. The job itself, stress, parenting problems, family concerns, relationships, depression, alcohol or drug problems. Just about anything.

That's why the Member Assistance Program is here. We are here to help you and the members of your immediate family with problems that are affecting your work and your life.



*Confidential, Convenient
and Caring*

No matter what problems you may have, MAP professionals understand and can help you to solve them.

Whenever you have a problem, our MAP counselor will work with you with professionalism and in complete confidence.

If you need help

Just call anytime, 24 hours a day, 7 days a week.

- Between the hours of 8am-5pm on weekdays, the phones are answered by our office staff. At all other times, the phones are answered live by our answering service.
- During normal office hours, our staff will be able to facilitate arrangements for you to meet with a licensed therapist.
- After hours, routine phone calls for an appointment will be returned the next business day between the hours of 8am-5pm.
- *If you would like to speak with a clinician right away at ANY time, please indicate this to either our office staff or answering service and a clinician will promptly return your call.*

Life at times can be challenging. Often, talking with a professional can help you find a solution.

**See for yourself how much
a little talk can help.**

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Who is eligible?

Health Fund members and their eligible dependents.

What about the cost?

You or your eligible family members can each have up to six visits as an outpatient with a trained professional at no cost to you. When a referral beyond the MAP is needed, we will help you to locate resources that are covered through your insurance program.

